

Hot Lunch Menu

Feb 19 -23

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Chicken Lasagna with Focaccia (Chicken Mince , Lasagna Sheet, Tomato, Onion, Garlic, Cheddar, Flour, Milk, Carrot, Celery) Allergen: Gluten, Dairy, Celery</p>	<p>Chicken Stew with Mash Potato and Baguette (Rice, Chicken, Fajita Seasoning, Onion, Tomato, Celery, Capsicum) Allergen : Celery</p>	<p>Beef Meatball with Baked Potato and Yoghurt (Beef Mince, Parmesan, Tomato, Garlic, Onion, Potato, Yoghurt) Allergen : Milk</p>	<p>Chicken Tikka Masala with Steam Rice (Chicken Breast, Onion, Tomato, Ginger, Garlic, Rice ,Yoghurt) Allergen : Milk</p>	
<p>Vegetable Goulash with Steam Rice (Potato Cubes, Carrot, Baby Marrow, Green Capsicum, Onion, Garlic, Tomato, Potato, Low Fat Milk) Allergen :N/A</p>	<p>Ravioli Tomato Sauce with Focaccia (Ravioli, Carrot, Capsicum, Celery, Tomato, Onion, Garlic, Mozzarella) Allergen: Milk, Gluten</p>	<p>Pizza Margarita with Roasted Potato and Salad (Flatbread, Tomato, Mozzarella, Potato, Lettuce, Carrot, Tomato, Celery, Onion, Garlic) Allergen: Milk, Gluten, Celery</p>	<p>Macaroni & Cheese Gratin Tomato Twist Bread (Macaroni, Cheddar, Mozzarella, Flour, Tomato Twist Bread) Allergen: Milk, Gluten</p>	
<p>Pasta Vegetable Tomato Sauce (Penne Pasta, Tomato, Celery, Capsicum, Carrot, Onion, Garlic, Mozzarella) Allergen: Milk, Gluten</p>	<p>Pasta Alfredo Sauce (Penne Pasta, Mushroom, Milk, Flour, Carrot, Onion, Garlic, Mozzarella) Allergen: Milk, Gluten</p>	<p>Basil Pesto Pasta Sauce (Penne Pasta, Basil, Onion, Garlic, Parmesan) Allergen: Milk, Gluten</p>	<p>Pasta Vegetable Tomato Sauce (Penne Pasta, Tomato, Celery, Capsicum, Carrot, Onion, Garlic, Mozzarella) Allergen: Milk, Gluten</p>	<p>Pasta Alfredo Sauce (Penne Pasta, Mushroom, Milk, Flour, Carrot, Onion, Garlic, Mozzarella) Allergen: Milk, Gluten</p>
Roasted Vegetable	Sweet Corn	Root Vegetables	Medley Vegetables	Crudities

Hot Lunch Menu

Feb 26 – Mar 1

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Beef Lasagna with Focaccia (Beef Mince, Lasagna Sheet, Tomato, Onion, Garlic, Cheddar, Flour, Milk, Carrot, Celery and Focaccia Bread) Allergen: Gluten, Dairy, Celery</p>	<p>Chicken Pizza Margarita with Roasted Potato and Salad (Flatbread, Tomato, Mozzarella, Potato, Lettuce, Carrot, Tomato, Celery, Onion, Garlic) Allergen: Milk, Gluten, Celery</p>	<p>Shish Tawook With Roasted Potato and Arabic Bread (Chicken Breast, Capsicum, Tomato, Garlic, Onion, Potato, Yoghurt, Lemon, Arabic bread) Allergen: Milk, Gluten</p>	<p>Beef Bourguignon with Mash Potato and Baguette Beef , Potato, Tomato, Onion, Garlic, Milk, Carrot, Celery, Milk) Allergen: Dairy, Celery, Gluten</p>	
<p>Paneer Jalfrezi with Steam Rice (Paneer, Capsicum, Onion, Garlic, Coriander, Cumin, Yoghurt and rice) Allergen: Milk</p>	<p>Vegetable Noodle (Rice Noodles, Baby marrow, Carrot, Beans, Tomato, Balsamic, Onion, Garlic, Vegetable Stock) Allergen: Celery</p>	<p>Mushroom Stroganoff with Steam Rice (Mushrooms, Capsicum, Onion, Garlic, low-fat Yoghurt, Corn flour, Rice, Salt) Allergen: Milk, Gluten</p>	<p>Vegetable Biryani with Raita (Rice, Peas, Yoghurt, Turmeric, Coriander, Mint, Garlic, Onion, Ginger, Carrot, Beans) Allergen : Milk</p>	
<p>Pasta Vegetable Tomato Sauce (Penne Pasta, Tomato, Celery, Capsicum, Carrot, Onion, Garlic, Mozzarella) Allergen: Milk, Gluten</p>	<p>Pasta Alfredo Sauce (Penne Pasta, Mushroom, Milk, Flour, Carrot, Onion, Garlic, Mozzarella) Allergen: Milk, Gluten</p>	<p>Basil Pesto Pasta Sauce (Penne Pasta, Basil, Onion, Garlic, Parmesan) Allergen: Milk, Gluten</p>	<p>Pasta Vegetable Tomato Sauce (Penne Pasta, Tomato, Celery, Capsicum, Carrot, Onion, Garlic, Mozzarella) Allergen: Milk, Gluten</p>	<p>Pasta Alfredo Sauce (Penne Pasta, Mushroom, Milk, Flour, Carrot, Onion, Garlic, Mozzarella) Allergen: Milk, Gluten</p>
Grilled Vegetables	Sweet Corn	Root Vegetables	Medley Vegetables	Crudities

Hot Lunch Menu

Mar 4 - 8

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Beef Stroganoff with Steam Rice (Rice, Beef Strips, Mushroom, Garlic, Onion, Peppers, Yoghurt) Allergen: Milk</p>	<p>Chicken Gratin with Sweet Potato Mash and Tomato Twist Bread (Chicken Breast, Flour, Milk, Mozzarella, Broccoli, Garlic, Onion and Cheddar, Sweet Potato and Bread) Allergen : Gluten, Celery, Milk</p>	<p>Chicken Biryani with Raita (Rice, Chicken Breast, Turmeric, Coriander, Mint, Garlic, Onion, Ginger, Yoghurt) Allergen : Milk</p>	<p>Beef Bolognese with Spaghetti (Brown Rice, Beef, Garlic, Celery, Carrot, Oregano, Tomato) Allergen :Gluten, Celery</p>	
<p>Cauliflower & Broccoli Gratin with Brown Baguette (Cauliflower, Broccoli, Flour, Cheddar, Garlic, Onion, Baguette) Allergen: Milk, Gluten</p>	<p>Mixed Bean Ragu with Rice Pilaf (Mixed Beans, Lentil, Onion, Garlic, Tomato, Rice) Allergen: Milk, Gluten</p>	<p>Mushroom Rigatoni Pasta with Focaccia (Rigatoni Pasta, Mushroom, Flour, Milk, Onion, Garlic and Focaccia Bread) Allergen: Milk, Gluten</p>	<p>Vegetable Biryani with Raita (Rice, Peas, Yoghurt, Turmeric, Coriander, Mint, Garlic, Onion, Ginger, Carrot, Beans) Allergen : Milk</p>	
<p>Pasta Vegetable Tomato Sauce (Penne Pasta, Tomato, Celery, Capsicum, Carrot, Onion, Garlic, Mozzarella) Allergen: Milk, Gluten</p>	<p>Pasta Alfredo Sauce (Penne Pasta, Mushroom, Milk, Flour, Carrot, Onion, Garlic, Mozzarella) Allergen: Milk, Gluten</p>	<p>Basil Pesto Pasta Sauce (Penne Pasta, Basil, Onion, Garlic, Parmesan) Allergen: Milk, Gluten</p>	<p>Pasta Vegetable Tomato Sauce (Penne Pasta, Tomato, Celery, Capsicum, Carrot, Onion, Garlic, Mozzarella) Allergen: Milk, Gluten</p>	<p>Pasta Alfredo Sauce (Penne Pasta, Mushroom, Milk, Flour, Carrot, Onion, Garlic, Mozzarella) Allergen: Milk, Gluten</p>
<p>Oriental Salad</p>	<p>Garlic Herbed Infused Vegetable</p>	<p>Green Peas</p>	<p>Roasted Vegetables</p>	<p>Sweet Corn</p>